



The Kern Center

for Workforce and Community Education



Lifelong LEARNING

&

Life Scholars

Learning for the **JOY** of Learning

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Spring 2021



Lifelong
LEARNING

Discover your passion with a class through Terra State Community College's Community Education Programs.

All courses are non-credit, so there is no pressure – just FUN! From history, culture, arts, and fitness, there are so many possibilities.

Do you have a talent or area of expertise you wish to share? Call or email us to become a Lifelong Learning instructor!

****Please note that there is only one discount per registration.**

To Register

- Email:** Learn@Terra.edu
Phone: 419.559.2255
Online: Learn.Terra.edu (*Website*)
Facebook.com/LifelongLearningTSCC
Walk-in: Building B, Room 104
The Kern Center
Mail To: Terra State Community College
2830 Napoleon Road
Fremont, OH 43420

Lifelong Learning

Classes for any age adult (Except 21SELC classes)

Early Registration Discount:

Register before February 15th and receive a 10% discount.

Fitness Multi-Class Discount:

Register for three or more fitness classes and receive a 15% discount. The three classes **must be** in the same registration.

Student Discount: If you are a registered student for the Spring 2021 semester, you will receive a 50% discount on all fitness classes.

Terra State Gracious Givers Volunteer Program

Terra State Community College has developed a volunteer program for all ages from teens through seniors. Whether you are in school and need to complete community service hours, looking for a way to give back to your community, or wanting to meet new friends, our volunteer program is a great opportunity. We have a variety of volunteer opportunities throughout the community education program, as well as, the College.

Opportunities and hours are flexible. You can sign up to be a volunteer by contacting the Community Education Coordinator at 419.559.2255 or emailing learn@terra.edu for more information.

Volunteer opportunities will be posted online at learn.terra.edu or in the Community Education office located in the Kern Center at Terra State.

Please be advised that there will be proper COVID-19 safety protocols in place for all on-campus classes including social distancing. This will reduce the number of seats available in our classes.

If you register for a class and are put on a wait-list, we will notify you to confirm if the class will be opened up to a larger size, or if an additional session will be scheduled.

We will also be offering many classes virtually through Zoom this Spring. If you prefer a virtual class, please advise us at the time of registering. If registering on-line, you would select the course number with the letter "v" behind it.

Please contact our office with any questions regarding virtual class offerings at learn@terra.edu or by calling 419.559.2255.



Life Scholars

Classes for age 50 and better (21FELC classes)

Life Scholars at Terra State Community College

Life Scholars is learning for the JOY of learning. Discover the joy of lifelong learning with other adults, age 50 and beyond, who share a common desire to learn. There are no tests or grades, just fun experiences for active adults, regardless of their educational background.

Life Scholars Membership (LSM)

There are many benefits to joining the Life Scholars program at Terra State Community College. Not only are you helping promote this wonderful program with your support, you will also receive the following:

- Discounts on classes and outings
- Special Event invitations
- Leadership opportunities on the committees

Memberships run from September through August (the time to renew is each fall, but memberships are accepted all year.

21FELC100 Membership Fees \$50 couple / \$30 single
(Spring Discount ½ price for membership from January – August)

Help the Endowment Grow!

The William P. Cunningham Endowment Fund helps to support the Life Scholars program. Contributions to this fund are invested and a portion of the interest is used each year to assist with operating costs and participant scholarships. Please consider making a tax-deductible donation, large or small, to assist us in building this fund and enhancing the program. For more information, please contact the Terra College Foundation at 419.559.2261.

Our Mission

Life Scholars at Terra State Community College is a peer-led group serving mature learners by broadening intellectual interests, physical activity, and social interaction. Our Mission is to create a climate that fosters interest and stimulates the thrill of lifelong learning.

Life Scholars
Learning for the **JOY** of Learning

Life Scholar Committees

Life Scholars is such a success due to our members that give back by participating in one of our committees! If you are interested in being part of any committee, please contact Life Scholars at learn@terra.edu or 419.559.2255, or join us at a meeting and see what we are all about.

Executive Committee

Janet Dorr, *Co-Chair*
Carolyn Hollingsworth, *Co-Chair*
Lois Livingston
Carole Miller
Kathleen Nalley
Nancy Sparks

Curriculum Committee

Ellen Beier
Executive Committee Rep.
Randy Hoffman
Executive Committee Rep.
Cheryl Laugherty
Janet Myles
Kathleen Nalley, Executive Committee Rep.

Travel Committee

Kathleen Haubert
Carolyn Hollingsworth
Carole Miller, Executive Committee Rep.
Cassie Molyet
Becky White

Publicity and Special Events Committee

Cheryl Magargle, *Chair*
Nancy Sparks, *Executive Committee Rep.*

Spring Committee Meetings

All committee meetings will be held in the conference room of Building B, Room 104, on Mondays from 2 p.m. - 3 p.m.

Executive Committee

February 8, March 8, April 12, May 10

Curriculum Committee

February 15, March 15, April 19, May 17

Travel Committee

January 25, February 22, March 22, April 26

Publicity and Special Events Committee

February 1, March 1, April 5, May 3

1 Arts & Crafts

Weave Awhile Basket Guild

Do you have a love of weaving and want to share your knowledge with others? Join the Weave Awhile Basket Guild! Meetings take place the first Thursday of every month from 5:30 p.m. - 9:30 p.m., September - May in Room B101. The purpose of the group is to promote interest in the art of basket weaving and share expertise with our members. Dues are \$30 per year and are due at the first meeting you attend. Registration is taken at the Basket Weaving Guild Meeting. If interested, please contact Marty Willis at mwillis@cros.net.

21FCFT14 1st Thu. of every month 5:30 p.m. - 9:30 p.m.
Cost: \$30 per year

Spring Paint N' Sip

Join Holly for another paint n' sip as we get ready to enjoy our spring and summer season! We will work on another outdoor creation!

21SCFT17 Thu. Mar. 25 5:30 p.m. - 7:00 p.m.
Cost: \$40 non-members / \$35 members

Fused Glass: Plate & More

Back by popular demand! This is a 1-day class and we are offering two separate dates! Create a beautiful & unique work of art for you or for gifting in this fun class. You will be introduced to the fundamental

concepts of creating

glass art in a kiln and then make a 7" x 7" fused & slumped glass plate, trivet, hanging or 4 glass coasters.

You will learn how to cut glass safely and then choose

from a wide selection of different types and colors of glass for your creation. No experience with glass is required for this course. **Cost includes all project supplies, use of equipment, kiln firing and art glass.*

21SCFT01 Wed. Mar. 10 6:00 p.m. - 8:30 p.m.
Cost: \$40 non-members / \$32 members

21SCFT02 Sat. Mar. 27 9:30 a.m. - 12:00 p.m.
Cost: \$40 non-members / \$32 members

Instructor: Jill Groves, Fused Glass Artist – Manor Ridge Creations

Create Fused Glass Jewelry

This is your opportunity to create unique, one-of-a-kind jewelry. You will learn how to create beautiful works of wearable art by layering art glass and fusing the glass in a kiln. Each student will make 2 from



the following choices: pendant, pin, or pair of earrings. Included is an introduction to glass fusing in a kiln, instructions on glass cutting and equipment usage. The remainder of the class is spent choosing and layering glass.

Jill will take your creation to her home and after fusing, will apply bails, earring wires, posts, or pins to finish your jewelry which will be available for pickup within 1-2 weeks.

No experience with glass is required for this course. **Cost includes all project supplies, use of equipment, kiln firing and art glass.*



21SCFT03 Mon. Mar. 29 6:00 p.m. - 8:30 p.m.
Cost: \$40 non-members / \$32 members

Instructor: Jill Groves, Fused Glass Artist – Manor Ridge Creations

Jewelry Making

Join the owners of Joyful Creations in Bowling Green for two different jewelry making classes! You will learn how to create jewelry with various charms, wire wrapping, and basic jewelry repair including how to shorten a piece of jewelry. Don't miss out on these two great sessions!

21SCFT15 Mon. Mar. 1 5:30 p.m. - 7:00 p.m.
Cost: \$40 non-members / \$32 members
Charm Jewelry & Basic Repairs

21SCFT16 Mon. Mar. 8 5:30 p.m. - 7:00 p.m.
Cost: \$40 non-members / \$32 members
Wire Wrapping Jewelry

Instructor: Laura Miller

Patriotic Paint N' Sip

Don't miss out on a great class to decorate your porch for Memorial Day and the 4th of July! Join Holly for this fun class – glass of wine and all supplies included with your fee.

21SCFT18 Thu. May 13 5:30 p.m. - 7:30 p.m.
Cost: \$40 non-members / \$35 members

Create a Fused Glass Wind Chime

In this popular workshop you will create a beautiful & unique glass wind chime. You will be introduced to the fundamental concepts of creating fused glass objects in the kiln and receive



instruction on cutting glass. You will see examples of finished wind chimes, choose from a wide selection of different types and colors of glass for your creation. Jill will take your glass home and return it for pick up in 1 or 2 weeks. No experience with glass is required for this course. **Cost includes all project supplies, use of equipment, kiln firing and art glass.*

21SCFT04 Tue. Apr. 20 2:00 p.m. - 4:30 p.m.
Cost: \$40 non-members / \$32 members

21SCFT05 Tue. Apr. 20 6:00 p.m. - 8:30 p.m.
Cost: \$40 non-members / \$32 members

21SCFT06 Sat. Apr. 24 9:30 a.m. - 12:00 p.m.
Cost: \$40 non-members / \$32 members

Instructor: Jill Groves, Fused Glass Artist – Manor Ridge Creations

Create a Fused Glass Garden Stake

Create a beautiful & truly unique 3" x 9" fused glass garden stake in this popular workshop. You will learn about fused glass and create a garden stake by choosing colors, creating a design, and cutting and layering glass.



Jill will take your glass home to fire in her kiln and return it for pick up in 1 to 2 weeks complete with a metal stake applied to the glass for display. No experience with glass is required for this course. **Cost includes all project supplies, use of equipment, kiln firing and art glass.*

21SCFT07 Thu. May 20 2:00 p.m. - 4:30 p.m.
Cost: \$40 non-members / \$32 members

21SCFT08 Thu. May 20 6:00 p.m. - 8:30 p.m.
Cost: \$40 non-members / \$32 members

Instructor: Jill Groves, Fused Glass Artist – Manor Ridge Creations

3 Arts & Crafts



21SCFT09



21SCFT10



21SCFT11



21SCFT12



21SCFT13



21SCFT14

Oil & Acrylic Landscape Series: Realist Landscapes

Offering two mediums to learn to paint with Carol Hoffman. There are three Water-Mixable Oil projects, and three Tube Acrylic paint. Each has a variety of subjects for everyone. Oils: Winter snow with a Red Barn, Misty Morning by the Creek, and Waterfalls from Cumberland State Park. Acrylic: Snow with Red Cardinal, Last Light of Day, Sand Dunes. Each class will have a colored Picture with written instructions with step-by-Step demonstration. Complete one painting in one session. Pick one or all six. Arrive half-hour before each class for set up. **Bring a covered box to fit 11x14 to carry wet canvas home especially in wet weather. All canvas and materials will be supplied by instructor and use of her brushes.*

21SCFT09 Sat. Jan. 30 9:00 a.m. - 12:00 p.m.
Cost: \$40 non-members / \$32 members
Oil: Winter Snow/Red Barn

21SCFT10 Sat. Feb. 13 9:00 a.m. - 12:00 p.m.
Cost: \$40 non-members / \$32 members
Acrylic: Snow with Red Cardinal

21SCFT11 Sat. Mar. 6 9:00 a.m. - 12:00 p.m.
Cost: \$40 non-members / \$32 members
Oil: Misty Morning by the Creek

21SCFT12 Sat. Apr. 10 9:00 a.m. - 12:00 p.m.
Cost: \$40 non-members / \$32 members
Oil: Cumberland Falls

21SCFT13 Sat. Apr. 24 9:00 a.m. - 12:00 p.m.
Cost: \$40 non-members / \$32 members
Acrylic: Last Light of Day

21SCFT14 Sat. May 8 9:00 a.m. - 12:00 p.m.
Cost: \$40 non-members / \$32 members
Acrylic: Sand Dunes

Instructor: Carol K. Hoffman, CDA BFA

The Mix & Match Method

When you sign up and pay for two separate fitness classes at Terra, you automatically qualify for our Mix & Match Method. There is no need to worry about missing a workout because you can make it up in any other fitness class labeled **(Mix & Match.)**

Evening Yoga

It's no secret that as we age, we lose flexibility and stability. Fight back and stay limber in this great class. This class moves at a comfortable pace for all fitness levels and you will be amazed at how great you feel afterwards. As you progress through the different poses, Stacie will give you pointers on form and help guide you towards your fitness goals. Great for everyone, from newbies to pros!

21SFIT01	Mon.	Jan. 25 - Mar. 1	5:30 p.m. - 6:30 p.m.
		<i>Session 1</i>	
		<i>Cost: \$30</i>	
		<i>Walk-in fee: \$7 per class</i>	
21SFIT02	Mon.	Mar. 8 - Apr. 12	5:30 p.m. - 6:30 p.m.
		<i>Session 2</i>	
		<i>Cost: \$30 (6 weeks)</i>	
		<i>Walk-in fee: \$7 per class</i>	
21SFIT03	Mon.	Apr. 19 - May. 24	5:30 p.m. - 6:30 p.m.
		<i>Session 3</i>	
		<i>Cost: \$30 (6 weeks)</i>	
		<i>Walk-in fee: \$7 per class</i>	
21SFIT04	Wed.	Jan. 20 - Feb. 24	5:30 p.m. - 6:30 p.m.
		<i>Session 1</i>	
		<i>Cost: \$30</i>	
		<i>Walk-in fee: \$7 per class</i>	
21SFIT05	Wed.	Mar. 3 - Apr. 7	5:30 p.m. - 6:30 p.m.
		<i>Session 2</i>	
		<i>Cost: \$30 (6 weeks)</i>	
		<i>Walk-in fee: \$7 per class</i>	
21SFIT06	Wed.	Apr. 21 - May 26	5:30 p.m. - 6:30 p.m.
		<i>Session 3</i>	
		<i>Cost: \$30 (6 weeks)</i>	
		<i>Walk-in fee: \$7 per class</i>	

Instructor: Stacie Marquart, Certified Group Fitness Instructor

Fit for Life Body Works

Can you find 30 minutes to devote to yourself and your health? Tone, strengthen and add flexibility to your muscles with resistance type exercises using dynabands and hand weights to help prevent degenerative diseases. This class focuses on strengthening your core, which is the most important area to target for your overall health. Perfect for all ages and fitness levels.

21SFIT07	Mon. & Wed	Jan. 25 - May 26	10:30 a.m. - 11:00 a.m.
		<i>Full Series</i>	
		<i>Cost: \$95 / \$85 Senior Citizen</i>	
		<i>Walk-in fee: \$7 per class</i>	
		<i>Room: D120</i>	
21SFIT08	Mon. & Wed	Jan. 25 - Mar. 17	10:30 a.m. - 11:00 a.m.
		<i>Session 1</i>	
		<i>Cost: \$50 / \$45 Senior Citizen</i>	
		<i>Walk-in fee: \$7 per class</i>	
		<i>Room: D120</i>	
21SFIT09	Mon. & Wed	Mar. 22 - May 26	10:30 a.m. - 11:00 a.m.
		<i>Session 2</i>	
		<i>Cost: \$50 / \$45 Senior Citizen</i>	
		<i>Walk-in fee: \$7 per class</i>	
		<i>Room: D120</i>	

Instructor: Debbie Gallagher, Certified Fitness Instructor

STRONG Nation™ (Mix & Match)

This intense and fun class combines body weight, muscle conditioning, cardio and plyometric training moves. All exercises are synced to original music that has been specifically designed to match every single move. Every squat, every lunge, every burpee is driven by the music. Options for most fitness levels.

21SFIT10	Tue.	Jan. 19 - Feb. 23	5:00 p.m. - 5:45 p.m.
		<i>Session 1</i>	
		<i>Cost: \$30</i>	
		<i>Walk-in fee: \$7 per class</i>	
		<i>Room: D120</i>	
21SFIT11	Tue.	Mar. 2 - Apr. 6	5:00 p.m. - 5:45 p.m.
		<i>Session 2</i>	
		<i>Cost: \$30</i>	
		<i>Walk-in fee: \$7 per class</i>	
		<i>Room: D120</i>	
21SFIT12	Tue.	Apr. 13 - May 25	5:00 p.m. - 5:45 p.m.
		<i>Session 3</i>	
		<i>Cost: \$35</i>	
		<i>Walk-in fee: \$7 per class</i>	
		<i>Room: D120</i>	

Instructor: Angie Schroeder, STRONG Nation™ Instructor

5 Health & Wellness

Hatha Yoga (Mix & Match)

Our essential theme for our Hatha Yoga program is to familiarize the participant with fundamental postures. Such postures include simple forward bends, twists, standing asanas, as well as basic breathing and relaxation techniques. With careful attention to correct form, the introduction of new postures, and repetition of learned postures with variations, the participant will gain the foundation necessary for a solid yoga practice. Participants will increase flexibility, strengthen, tone, and revitalize their body. Please bring your own yoga mat. Class is held in the dance studio D120.

21SFIT13 Tue. Jan. 19 - Feb. 23 10:00 a.m. - 10:55 a.m.
Session 1
Cost: \$30
Walk-in fee: \$7 per class
Room: D120

21SFIT14 Tue. Mar. 2 - Apr. 6 10:00 a.m. - 10:55 a.m.
Session 2
Cost: \$30
Walk-in fee: \$7 per class
Room: D120

21SFIT15 Tue. Apr. 13 - May 25 10:00 a.m. - 10:55 a.m.
Session 3
Cost: \$35
Walk-in fee: \$7 per class
Room: D120

Instructor: Angie Schroeder, Nationally Certified Yoga Instructor

Mental Health and Aging

This class covers all issues related to mental health and suicide for adults. Learn about the signs and symptoms of various mental health conditions, learn healthy self-care practices, and understand why we need to care for our mental health. You will also learn to recognize when someone is in a suicidal crisis, how to respond, and resources to connect them with.

21SELC28 Wed. Mar. 17 10:00 a.m. - 12:00 p.m.
Cost: \$15 non-members / \$10 members

Instructor: Ann Rusher, NAMI

Kari's Speaker Series

Join Kari Kramer with AmeriCare Home Health as she presents one of her special speaker series. This topic will focus on senior pill abuse and how mental illness can cause it.

21SELC31 Wed. Mar. 17 9:00 a.m. - 10:00 a.m.
Cost: \$5

Hatha Yoga (Evenings) (Mix & Match)

Basic postures will serve as our foundation for each class sequence as participants target specific muscle groups while maintaining safe alignment to reduce the risk of injury. Some yoga experience is helpful, although not required and modifications will be provided. We will finish the evening with a relaxed style of yoga that utilizes a variety of props to allow the body to be supported as it opens itself to a deep level of stretching, relaxation, and renewal. Please bring your own yoga mat.

21SFIT19 Tue. Jan. 19 - Feb. 23 7:00 p.m. - 8:00 p.m.
Session 1
Cost: \$30
Walk-in fee: \$7 per class

21SFIT20 Tue. Mar. 2 - Apr. 6 7:00 p.m. - 8:00 p.m.
Session 2
Cost: \$30
Walk-in fee: \$7 per class

21SFIT21 Tue. Apr. 13 - May 25 7:00 p.m. - 8:00 p.m.
Session 3
Cost: \$35
Walk-in fee: \$7 per class

Instructor: Angie Schroeder, Nationally Certified Yoga Instructor

Beyond Barre (Mix & Match)

Barre classes are currently one of the most popular classes in the fitness world! Our Barre class combines ballet, strength training and Pilates for a low-impact, fat-burning fun workout. Plan to do some free-standing exercises using a variety of fitness equipment, Pilates mat work, and plenty of barre work. The class will also incorporate yoga stretches, so you'll elongate your body and increase flexibility while you tone. Class is held in the dance studio D120.

21SFIT22 Wed. Jan. 20 - Feb. 24 5:00 p.m. - 5:45 p.m.
Session 1
Cost: \$30
Walk-in fee: \$7 per class

21SFIT23 Wed. Mar. 3 - Apr. 7 5:00 p.m. - 5:45 p.m.
Session 2
Cost: \$30
Walk-in fee: \$7 per class

21SFIT24 Wed. Apr. 14 - May 26 5:00 p.m. - 5:45 p.m.
Session 3
Cost: \$35
Walk-in fee: \$7 per class

Instructor: Angie Schroeder, Nationally Certified in Barre

Pilates Fusion (Mix & Match)

In this class, we combine Pilates and yoga for a total body workout focused on toning the glutes, thighs and abs. This low-impact workout will increase your fitness level as you develop core strength and stabilization through Pilates exercises. Participants can improve their flexibility, muscular strength, posture and alignment through yoga poses, proper breathing and relaxation. The blend of strength and flexibility training improves posture, reduces stress and creates long, lean muscles. The concepts of alignment, breath and control will be practiced. No prior experience of Pilates is necessary.

21SFIT25	Thu.	Jan. 21 - Feb. 25	10:30 a.m. - 11:45 a.m.
		<i>Session 1</i>	
		<i>Cost: \$30</i>	
		<i>Walk-in fee: \$7 per class</i>	
21SFIT26	Thu.	Mar. 4 - Apr. 8	10:30 a.m. - 11:45 a.m.
		<i>Session 2</i>	
		<i>Cost: \$35</i>	
		<i>Walk-in fee: \$7 per class</i>	
21SFIT27	Thu.	Apr. 15 - May 27	10:30 a.m. - 11:45 a.m.
		<i>Session 3</i>	
		<i>Cost: \$35</i>	
		<i>Walk-in fee: \$7 per class</i>	

Instructor: Angie Schroeder, Nationally Certified Pilates and Yoga Instructor

Stroke Education Series

Join us for a special four week series for Stroke Awareness month in collaboration with the Rehabilitation Hospital of Northwest Ohio.

Week 1:

What is a stroke? Learn about the different types of strokes, the risks, signs, and symptoms of a stroke, its causes, and how it affects you.

Week 2:

You have had a Stroke – What's Next? Learn about all levels of care hospital-inpatient rehab, outpatient rehab, home care, etc., as well as, decision options, medications, and more.

Week 3:

Stroke and Speech Therapy. Learn how speech therapy works, aphasia education, examples, demonstrations and more.

Week 4:

Stroke and Physical/Occupational Therapy. Learn how different PT/OT therapies work, various types of therapy, and examples/ demonstrations.

21SFIT31	Tue.	Mar. 2, 9, 23 & Apr. 6	2:00 p.m. - 3:00 p.m.
			Cost: \$15

Saddle Up! Indoor Cycling (Mix & Match)

Participants of this indoor cycling class will reap the benefits of cardiovascular training with a variety of rides. Participants are encouraged to modify the bike's resistance to meet their own personal workout/training needs. Please bring an activity tracker such as a Fitbit or heartrate monitor, your energy, a towel and prepare to have fun! Class is held in Building A, Room 205.

21SFIT28	Thu.	Jan. 21 - Feb. 25	5:00 p.m. - 5:55 p.m.
		<i>Session 1</i>	
		<i>Cost: \$30</i>	
		<i>Walk-in fee: \$7 per class</i>	
21SFIT29	Thu.	Mar. 4 - Apr. 8	5:00 p.m. - 5:55 p.m.
		<i>Session 2</i>	
		<i>Cost: \$30</i>	
		<i>Walk-in fee: \$7 per class</i>	
21SFIT30	Thu.	Apr. 15 - May 27	5:00 p.m. - 5:55 p.m.
		<i>Session 3</i>	
		<i>Cost: \$35</i>	
		<i>Walk-in fee: \$7 per class</i>	

Instructor: Angie Schroeder, Nationally Certified Indoor Cycling Instructor

Tai Chi/Qi Gong (Mix & Match)

The ancient Chinese practices of tai chi and qi gong combine slow and deliberate movements, meditation, and breathing exercises. This low-impact class will help increase flexibility, balance, range of motion, vitality, relaxation, mental focus, strength and overall well-being. Each student can learn at his/ her own pace in a relaxed, noncompetitive atmosphere. The exercises are safe for all ages.

21SFIT16	Tue.	Jan. 19 - Feb. 23	6:00 p.m. - 6:50 p.m.
		<i>Session 1</i>	
		<i>Cost: \$30</i>	
		<i>Walk-in fee: \$7 per class</i>	
21SFIT17	Tue.	Mar. 2 - Apr. 6	6:00 p.m. - 6:50 p.m.
		<i>Session 2</i>	
		<i>Cost: \$30</i>	
		<i>Walk-in fee: \$7 per class</i>	
21SFIT18	Tue.	Apr. 13 - May 25	6:00 p.m. - 6:50 p.m.
		<i>Session 3</i>	
		<i>Cost: \$35</i>	
		<i>Walk-in fee: \$7 per class</i>	

Instructor: Angie Schroeder, Nationally Board-Certified Tai Chi Instructor

7 History & Culture

Did You Know?

Bring your knowledge of Sandusky County for this topic. Find out and share the amazing connections that make this county one of the most historically rich areas in Ohio.

21SELC01 Tue. Mar. 9 10:00 a.m. - 12:00 p.m.
Cost: \$15 non-members / \$10 members

Instructor: Mike Gilbert, Local Historian

Early Physicians: Two Centuries of Healing

Learn about the early doctors who served our country and the hardships they faced, including the terrors of the Great Black Swamp, the 1834 Cholera Epidemic and the Civil War. Sandusky County's many fine physicians were nationally and internationally known for their medical achievements.

21SELC02 Tue. Apr. 6 10:00 a.m. - 12:00 p.m.
Cost: \$15 non-members / \$10 members

Instructor: Mike Gilbert, Local Historian

The Civil War & Northwest Ohio

Northwest Ohio perhaps played a larger role in the Civil War than any other area so far north. This class led by Larry Michaels will feature PowerPoint discussions of Andres Raiders (The Great Locomotive Chase), the Confederate prison camp on Johnson's Island, the important roles played by General McPherson from Clyde, Fremont's own General Hayes (as well as Lucy Hayes), General Buckland and the 72nd O.V.I., and also the war memories of members of the Ford Post, the influential veteran's group of northwest Ohio. Come and discover more about the importance of our local area during this most decisive period in our national history.

21SELC03 Mon. Apr. 12 10:00 a.m. - 11:30 a.m.
Cost: \$12 non-members / \$7 members

21SELC04 Mon. Apr. 12 5:30 p.m. - 7:00 p.m.
Cost: \$12 non-members / \$7 members

Instructor: Larry Michaels, Local Historian

Patriots in Petticoats

Join Kenneth Hammontree as George Washington as he presents "Patriots in Petticoats." This exciting living history presentation will talk about the courageous women patriots of the Revolutionary War.

21SELC10 Thu. May 13 2:00 p.m. - 3:00 p.m.
Cost: \$15 non-members / \$10 members

Henrietta Lacks, The World's First Immortal Human

This is the true story of a poor, barely literate, southern born African American woman who died of cervical cancer in 1951. Her name was Henrietta Lacks. Without permission, during her illness and subsequent death, a Doctor removed cancerous cells from her cervix to be used in his medical research lab. Untold trillions of her original cells, now called HELA cells, are still alive and reproducing 69 years later. These very first immortal human cells are now the workhorse cells in virtually every human cell research lab in the world. Twenty years after her death, her husband and children learned for the first time that a part of Henrietta was still alive. In this fascinating class you will learn the often heartbreaking, sometimes humorous, quest of Henrietta's illiterate daughter to find the truth about what happened to her mother.

21SELC05 Tue. Apr. 13 & 20 10:00 a.m. - 12:00 p.m.
Cost: \$20 non-members / \$15 members

Instructor: Dan Baker, Local Historian

Afghanistan....Antiquity to Modernity

"Scholars have called Afghanistan the "roundabout" of the world, based both on its cul-de-sac physical geography and the fact that one can reach four major world religions through Afghanistan – Christianity to the northwest, Buddhism to the northeast, Hinduism to the southeast, and Islam to the southwest. But being the roundabout of world civilizations has had its downsides – Afghanistan has suffered from wars and instability since antiquity, gaining a reputation for being the graveyard of empires. From Alexander the Great to the contemporary American war in Afghanistan, this course will help explain why peace has been so elusive throughout Afghan history."

21SELC06 Tue. Mar. 16 - 30 10:00 a.m. - 12:00 p.m.
Cost: \$30 non-members / \$25 members

Instructor: Andrew Howard, Terra State Adjunct Faculty

George Washington

Learn about a different George Washington, one who had doubts, failures and obstacles to overcome as he was molded into our nation's first president. Uncover the strategies he used and his relentless pursuit of becoming a success in his life. Whether you know a little or a lot about him, you will benefit from being part of the discussion.

21SELC09 Thu. May 13 10:00 a.m. - 12:00 p.m.
Cost: \$15 non-members / \$10 members

Instructor: Mike Gilbert, Local Historian

Frivolity, Fascism and Depression: The United States and Europe in the 1920s and 1930s

This class will look at the various ways that the United States and Europe handled the two decades after the First World War. WE will contrast the peace and prosperity of the U.S in the 1920s with the tougher economic times in Europe. We will also look at the rise of fascism in Europe, as well as how the Great Depression affected both the United States and Europe.

21SELC11 Thu. Mar. 11-25 1:00 p.m. - 3:00 p.m.
Cost: \$30 non-members / \$25 members

Instructor: Steve Schragg, Professor, Bowling Green State University

The World Map: How it Has Changed since WWII

“Developments during the Second World War resulted in a drastically altered geopolitical landscape. As imperial powers decolonized, the Cold War polarized the world into two camps, democratic and communist, and nascent postcolonial nation-states exerted irredentist claims to bolster their own nationalist projects, the world’s map has changed significantly since World War II. This class will introduce students to these postwar themes to help explain why the world map looks like it does today.”

21SELC07 Thu. Apr. 8 -22 10:00 a.m. - 12:00 p.m.
Cost: \$30 non-members / \$25 members

Instructor: Andrew Howard, Terra State Adjunct Faculty

Alan Turing...English Mathematical genius

Don't miss this great 2-part class! Class will begin in the morning with “popcorn & a movie” to see “The Imitation Game” based on the real-life story of legendary cryptanalyst Alan Turing. We will then take a break and in the afternoon, Kenneth Hammontree from Living History Productions will join us as *Alan Turing*.

21SELC08 Thu. Apr. 1 10:30 a.m. - 12:30 p.m. (Part 1)
2:00 p.m. - 3:00 p.m. (Part 2)
Cost: \$20 non-members / \$15 members

Technology in the Early 20th Century

This class will explore how technology at the turn of the 20th century made dramatic changes in American Life. Inventions like the automobile, electricity, telephone, air conditioning, radio and other innovations changed how Americans lived during this time. We will look at some of these innovations and how they affected the average person at home and at work. We will also look at how these changes affected society, entertainment and business in America.

21SELC29 Tue. Feb. 16 & 23 9:00 a.m. - 10:30 a.m.
Cost: \$20 non-members / \$15 members

Instructor: Tim Wasserman



9 Hobbies

Beginning Photography

New to photography? Want to know how to get the most out of your DSLR camera? Start your journey into the exciting world of digital photography with this intro level class for beginners. This class covers the basics of using your camera (shutter speed, aperture, and ISO) and explores the fundamentals of taking a good photo (framing, composition, rule of thirds, etc.) *Required Materials: DSLR camera. Class limited to 6 students.*

21SHOB01 Tue. Mar. 23 - Apr. 6 5:00 p.m. - 7:00 p.m.
Cost: \$50 non-members / \$45 members

Instructor: Julia Mulheren, Professional Photographer

Drone Basics

Learn the basics of quadcopter (drone) operations and pilotage. Each day will cover one hour of ground school and 30 minutes of flight time. Topics will include fundamentals of flight, quadcopter design, FAA regulations, drone etiquette, drone photography and drone racing. Drones provided, but feel free to bring your own. (Maximum of 10 students, ages 12 through adult).

21SHOB02 Tue. Feb. 16 5:30 p.m. - 7:00 p.m.
Thu. Feb. 18 5:30 p.m. - 7:00 p.m.
Cost: \$50 non-members / \$45 members

Instructor: Ryan Weaver, Assistant Professor at Terra State

Cooking for One

Discover the joy of cooking for yourself with scaled recipes, no-waste solutions, and time-saving tips. There will be classroom and cooking time involved with this class!

21SFDS01 Wed. Apr. 14 & 21 5:00 p.m. - 7:00 p.m.
Cost: \$40 non-members / \$35 members

Instructor: Holly Hoffman

How to Record a Voice Over

A voice over artist uses their voice to create “voice over recordings” that are used in ads, games, toys, audio books, how-to videos and for many other things. Do you have an interest in becoming a voice over artist? Learn what the process is, and how to get started. This course will break down the steps involved, discuss the hardware and software needs, and explore places in the community where this type of work can be found. The class will also include a tour of the Terra State Recording Studio, so students will have the opportunity to observe an artist in a vocal isolation booth being recorded by an audio engineer.

21SHOB03 Tue. Mar. 9 7:00 p.m. - 9:00 p.m.
Cost: \$20

Instructor: Mark Knapp, Adjunct Faculty at Terra State

Live Sound Technology

Did you ever wonder what the person running the sound board at a concert is doing? This class introduces the concepts and technology used in producing Live Sound. Generally, even a great performing group will only sound good if the person running the controls does their job correctly. Learn what is involved in running sound for live events including staging, equipment, and the business of working with bands and performing groups.

21SHOB05 Tue. Mar. 30 7:00 p.m. - 9:00 p.m.
Cost: \$20

Instructor: Mike Czezele, Director of Musical Arts and Technology at Terra State

Get Ready for Spring!

Looking for something new and different to impress your friends and family? Join Holly and Julie for some fun with spring desserts and salads! This hands-on cooking class will get you ready for your spring holidays and family gatherings!

21SFDS02 Wed. Mar. 24 & 31 4:00 p.m. - 6:00 p.m.
Cost: \$40 non-members / \$35 members

Instructor: Julie Kupka-Brown and Holly Hoffman

Introduction to Music Technology

Music Technology encompasses hundreds of different fields of study such as composing music, playing music, recording music, mixing and mastering music, producing music and everything within and in-between. This class will cover the basics of music technology including what it is, the type of equipment involved, and different types of audio recording software. Topics will not only include traditional music recording, but audio for games and films as well.

21SHOB04 Tue. Mar. 16 7:00 p.m. - 9:00 p.m.
Cost: \$20

All About Herbs

Join Sherry for this great class to learn all about herbs! She is going to share her knowledge that she has gained over the last 35 years in growing and cooking with herbs including the different types of common herbs that we use every day and how to grow, dry, and use in cooking.

21SHOB19 Tue. May 25 10:00 a.m. - 12:00 p.m.
Cost: \$15 non-members / \$10 members

Instructor: Sherry Weiker, Experienced Herb Grower and User

Senior Dance Class

Enjoy moving to the beat of your favorite songs from the 60's to the current decade. In a relaxed atmosphere, you will experience the joy of moving as you improve your cardiovascular, skeletal and muscular systems, as well as your memory! Bring a water bottle and a smile and let's have some fun!

21SELC12 Thu. Jan. 21 - Feb. 25 1:00 p.m. - 2:00 p.m.
Session 1
Cost: \$30 non-members / \$25 members

21SELC13 Thu. Mar. 4 - Apr. 8 1:00 p.m. - 2:00 p.m.
Session 2
Cost: \$30 non-members / \$25 members

21SELC14 Thu. Apr. 15 - May 20 1:00 p.m. - 2:00 p.m.
Session 3
Cost: \$30 non-members / \$25 members

Instructor: Kathie Kolesar, Dance Enthusiast

Ballroom Dancing

Take the first step in having a more rewarding and exciting life. Enroll today in ballroom dance class, and experience the many benefits partnership dancing has to offer. The physical activity, intertwined with social interaction, provides mental stimulation while learning the array of dances ballroom has to offer. You will have a great workout, increase flexibility, muscle tone and endurance as we dance to many genres of music. This class is a great way to find a new hobby or connect with your partner. Ballroom dancing can increase self-confidence and enhance your social life, while reducing stress. And most importantly, it's FUN!!!

Beginner Cha-Cha

Explore this fun, versatile and classic dance. You will learn basic movements, foot patterns, technique, styling and musicality in a fun and relaxed environment.

21SHOB17 Thu. Jan. 21 - Feb. 11 6:30 p.m. - 7:15 p.m.
Session 1
Cost: \$40 per couple / \$20 per individual

21SHOB20 Thu. Mar. 4 - Apr. 8 6:30 p.m. - 7:15 p.m.
Session 2
Cost: \$50 per couple / \$30 per individual

Instructor: Gil Aromas, owner of The Ballroom Company in Maumee Ohio

Bronze American Tango

Learn the basics of this popular and passionate dance. Partnering positions, body mechanics and musical interpretations will all be woven into the basic fabric taught in this course.

21SHOB21 Thu. Jan. 21 - Feb. 11 7:15 p.m. - 8:00 p.m.
Cost: \$40 per couple / \$20 per individual

Instructor: Gil Aromas, owner of The Ballroom Company in Maumee Ohio

Beginner Foxtrot

Learn this classic and easy ballroom dance as we show you the basics to move you around the dance floor with grace, style and ease.

21SHOB22 Thu. Mar. 4 - Apr. 8 7:15 p.m. - 8:00 p.m.
Session 1
Cost: \$60 per couple / \$40 per individual

21SHOB23 Thu. Apr. 22 - May 27 7:15 p.m. - 8:00 p.m.
Session 2
Cost: \$60 per couple / \$40 per individual

Instructor: Gil Aromas, owner of The Ballroom Company in Maumee Ohio

Beginner East Coast Swing

Come learn this fun and timeless dance adaptable to a wide variety of music. We will cover all the steps, technique and styling you'll need to dance the night away having a blast swing dancing.

21SHOB24 Thu. Apr. 22 - May 27 6:30 p.m. - 7:15 p.m.
Cost: \$60 per couple / \$40 per individual

Instructor: Gil Aromas, owner of The Ballroom Company in Maumee Ohio

Life Scholars Spring Sampler

Please join us for this wonderful celebration of the Life Scholar program at Terra State Community College. There will be a sampling of our courses planned for this spring. To reserve your seat, please call us at **419.559.2255** or email **learn@terra.edu**. *Registration is required – the last day to register is January 11th. Assorted desserts and beverages will be provided.*

21SELC15 Thu. Jan. 21 1:00 p.m. - 3:00 p.m.
Cost: \$5

Eilene Perry Learning Table

Join us for our brown bag monthly luncheon and discussions. This special series is being provided at no cost due to the generosity of the family in remembrance of Eilene Perry. The learning table is held on the second Monday of each month. Bring your own lunch – coffee and cookies will be provided! For more information on the upcoming schedule, visit our website at **learn.terra.edu** or call us at **419.559.2255**.

Life Scholars Kick Off to Summer BBQ

Join us as we wrap up our spring sessions and enjoy food and entertainment before taking a break for the summer months! *Registration required – deadline to RSVP is April 26th.*

21SELC16 Thu. May 6 11:30 a.m. - 1:00 p.m.
Cost: \$25 non-members / \$15 members

Life Scholars on the Road

Due to COVID-19, many of our Life Scholars on the Road classes have been suspended until further notice. We are hoping to resume later in the spring in our surrounding communities. We will add classes and locations on our Facebook page **@LifelongLearningTSCC** and our website. If you are interested in having us bring classes to your community, please let us know!

Life Scholars Trips

We are going to try a couple of local spring trips this year with the plan that if we are not able to use the bus due to the pandemic, individuals could drive and meet at the location! The pricing below is based upon bus transportation being provided. We will not ask for payment in full until closer to the date of the trip, but a deposit is required to reserve a seat!

Do you love Glass?

Did you know that 20 minutes away you can visit a glass museum and see glass demonstrations? Join us as we visit Tiffin for a day to tour the Tiffin Glass Museum, Hawkes Crystal and glass blowing at the Poignon Project. We will stop for lunch and save a little time for shopping! Price includes transportation, tours, and lunch.

21SELC33 Fri. Apr. 16
Cost: \$60 non-members / \$50 members

Spring in Port Clinton!

Don't miss this fun trip to tour the Aviation Museum, lunch, and a wine tasting and tour at Gideon Owen Wine Company. Price includes transportation, tours, wine tasting, and lunch.

21SELC32 Wed May 19 9:30 a.m. - 3:30 p.m.
Cost: \$70 non-members / \$60 members



Life Scholars BIG TRIP

Life Scholars is excited to announce a special trip coming this fall! Book your reservation today and make payments! Join us for a 4-day, 3-night trip to Finger Lakes, New York! Package includes: 3 nights lodging, 3 breakfasts, 3 dinners, including Belhurst Castle, Corning Museum of Glass, Willard Memorial Chapel, Sonnenberg Gardens & Mansion, Wegman's Marketplace, Finger Lakes Winery Tour & Tasting, Scenic Lake Cruise, National Soaring Museum, Mark Twain Museum, Souvenir gift, luggage handling, all taxes and meal gratuities, and motorcoach transportation. **We are taking reservations now with a \$50 deposit. Remaining fee must be paid by Friday, August 13, 2021. Contact our office at 419-559-2255 or email learn@terra.edu for more information.**

22FELC01

Oct. 5-8, 2021

Cost: \$599.00 Double Occupancy/ \$818.00 Single Occupancy



The Big Bands.....Again

If you grew up, as I did, listening to the great Big Band music of Glen Miller, the Dorsey brothers, Benny Goodman and so many others, you will love this class. We will travel back to another era when the Big Bands were King. We'll listen to all the great songs and singers and watch many vintage movie clips from the 1930's through the War years. Bring your dancing shoes and you can Lindy Hop and Jitterbug to "In the Mood" ! We'll watch the Andrews Sisters sing "Boogie Woogie Bugle Boy" and see Frank Sinatra's very first singing appearance in a movie. If you love swing music and that unforgettable era, this is the class for you!

21SEL17 Tue. May 11 10:00 a.m. - 12:00 p.m.
Cost: \$15 non-members / \$10 members

Instructor: Dan Baker, Local Historian

Art History: The CoBrA Art Movement

The CoBrA art movement (1948 – 1951) stands prominently among the few European avant-garde groups formed in the aftermath of World War II. In dealing with the horrors of war, CoBrA artists sought inspiration in the art of children and of the mentally ill, as their artwork reflects a return to a fundamental human existence. This session will focus on two female artists associated with CoBrA, the Danish painter Else Alfelt (1910 – 1974) and the Dutch sculptor Lotti van der Gaag (1923 – 1999), who continue to be the subject of contentious debate within CoBrA scholarship to this day. This session will address who belongs in an art movement, who gets to decide who belongs, and how all of this is defined over time.

21SEL18 Tue. Feb. 9 1:30 p.m. - 3:30 p.m.
Cost: \$15 non-members / \$10 members

Instructor: Kari Boroff

Art History: Women of the Abstract Expressionist Movement

Abstract Expressionism was a term associated with American painting during the 1940s and 1950s. Based in New York, the Abstract Expressionists emphasized spontaneity and abstraction to convey strong emotional content. This session will focus on the women of the Abstract Expressionist movement, whose work has often been overshadowed by their male counterparts. Some of the artists that will be featured in this session include: Lee Krasner (1908 – 1984), Helen Frankenthaler (1928 – 2011), and Elaine de Kooning (1918 – 1989).

21SEL19 Tue. Feb. 16 1:30 p.m. - 3:30 p.m.
Cost: \$15 non-members / \$10 members

Instructor: Kari Boroff

Broadway Musicals – But Wait, There's More!

Not all of the musicals that have played on Broadway are lucky enough to receive the Tony award for Best Musical. There are numerous productions that may be just as worthy of being called "the best." We'll explore some of these other favorites from the last 65 years and discuss why they're just as popular as those award winners. You might add some shows to your own personal "Best Musical" list!

21SEL20 Thu. Mar. 4-25 10:00 a.m. - 12:00 p.m.
Cost: \$30 non-members / \$25 members

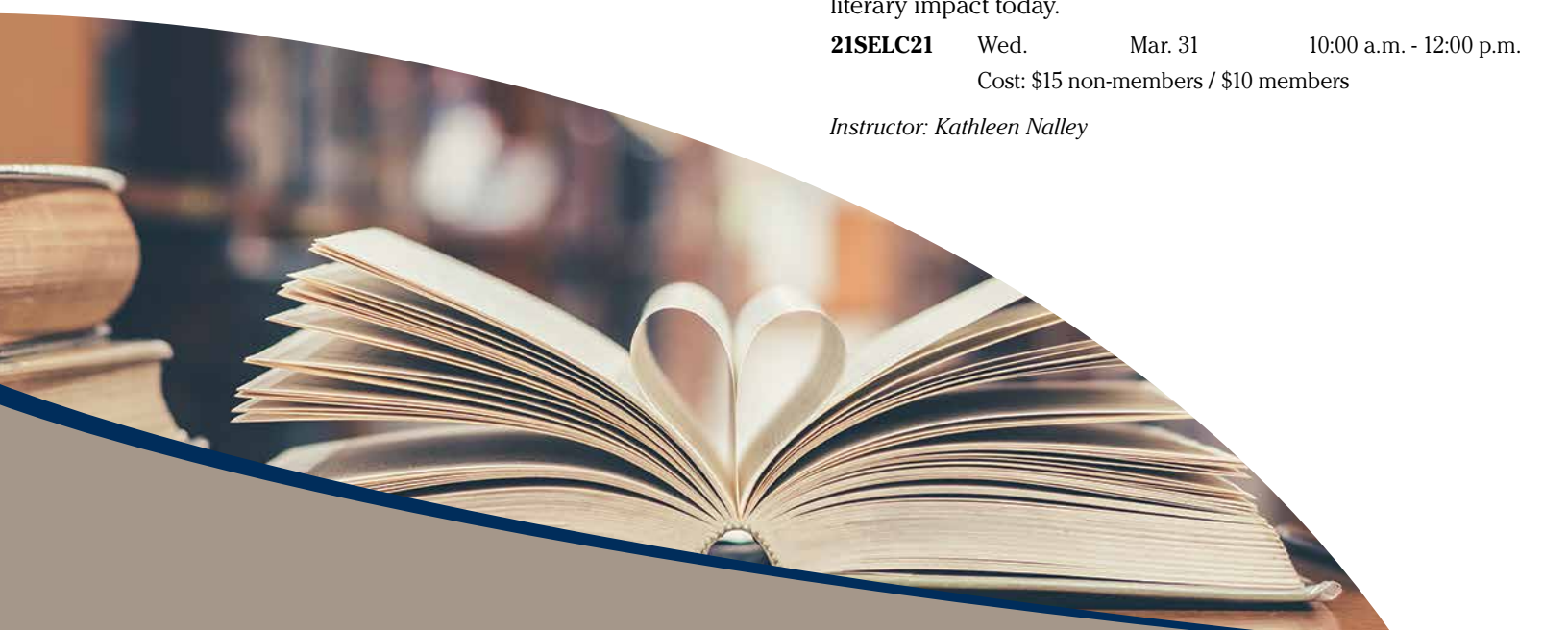
Instructor: Joan Eckermann

Great Reads with Kathleen

Why did Betty Smith, author of "A Tree Grows in Brooklyn," receive marriage proposals from soldiers along with pin-up movie stars? How did our country's library system come together to make sure our soldiers had books? This class will discuss the most popular reads of the last world war and its literary impact today.

21SEL21 Wed. Mar. 31 10:00 a.m. - 12:00 p.m.
Cost: \$15 non-members / \$10 members

Instructor: Kathleen Nalley



All Write! All Write!! All Write!!!

A group of writers who meet to share their writing, explore new genres, entertain guest writers, and share duties of facilitating meetings. Group meets weekly, planning the schedule by month. Meetings include reading, writing on a provided prompt, and sharing a learning topic. (Life Scholars writing group)

21FELC28 Every Friday 1:00 p.m. - 3:00 p.m.
Cost: \$15 non-members / \$10 members

More Fun with Poetry

Reading and discussing poetry can be both enlightening and enjoyable, even if you're not a masochist, as many Life Scholars have learned. This two-session class will tackle a new variety of poems by several different poets, but with an emphasis on Billy Collins, the most popular poet writing at the current time. Since we all use language to think and express ourselves, poetry is a way of exploring the many different aspects and resources of language to make us better communicators, better readers, and maybe even better thinkers about our lives and ourselves. And hopefully you'll discover it really can be fun.

21SEL22 Mon. Apr. 12 & 19 1:00 p.m. - 2:30 p.m.
Cost: \$15 non-members / \$10 members

Instructor: Larry Michaels

Lifelong Learning Book Club

Do you love examining great books? Join us for the Lifelong Learning Book Club! Each month, we will examine a new book, suggestions are welcome, and go through several discussion questions that help us delve deeper into the book and topics presented. The discussions are led by a new person each month to ensure a variety of topics. Since the club meets during lunchtime, be sure to bring your lunch or snack! You only have to join the club once to attend the entire year, with the year starting in September 2020 and concluding in August 2021. Check out our exciting book list for this year:

Jan.: The Pioneers by David McCullough

Feb.: Unsheltered by Barbara Kingsolver

Mar.: The Invention of Wings by Sue Monk

Apr.: Never Have I Ever by Joshilyn Jackson

May: Where the Crawdads Sing by Delia Owens

Jun.: The Lost Girls of Paris by Pam Jenoff

Jul.: The Book Woman of Troublesome Creek by Richardson

Aug.: Before and After by Judy Christie & Lisa Wingate

Sep.: Whiskey When We're Dry by John Larison

21FELC39 4th Fri. Sep. '20 - Aug. '21 11:00 a.m. - 12:30 p.m.
Cost: \$20 non-members / \$10 members

Terra State Music Ensembles

Did you know that Terra State Community College offers a wide variety of music classes, ensembles, and recording sessions? Check out some of the great opportunities for community members. There is more information on our website at terra.edu/community.

Terra State Music Academy Private Lessons

The Terra State Music Academy offers high-quality musical training for all ages. We offer two different lesson packages to help fit your schedule and needs, whether a 6 lesson package with 45 minute lessons, or 9 lesson package with 30 minute lessons. Lessons are held at Terra State and can be arranged to fit your schedule. For more information, or to register for lessons, call 419.559.2153 or email music@terra.edu. Cost is \$130. There are no discounts on private music lessons.

Terra State Ensembles

Do you love to play an instrument or sing? Did you know that Terra State has numerous music ensembles that community members can participate in including brass choir, symphonic band, percussion ensemble, Terra Choral Society, symphony orchestra, and chamber strings? For more information, call 419.559.2153 or email music@terra.edu.

Terra State Recording Studio

Are you looking for somewhere to record your voice over or musical talents? Check out the state-of-the-art recording studio at Terra State Community College. This is a great opportunity to produce commercials, radio programs, movie trailers and music recordings. Studio services available include production, recording, mixing, mastering, and digital transfer. The facility is also equipped with in-house musicians and personnel to help artists create projects from beginning to end. For more information, pricing, or to book recording studio time, please contact the Terra State Music Department at 419.559.2153 or email music@terra.edu.

Supreme Court Decisions

Back by demand, local attorneys will address Supreme Court case decisions. Learn about the background of various cases, the issues faced, the importance of the decisions and how they impact us today.

21SEL23 Wed. Apr. 21 & 28 2:00 p.m. - 4:00 p.m.
Cost: \$20 non-members / \$15 members

Instructor: Randy Hoffman, Sara Sherick, and Tom Stierwalt

Left Brain/Right Brain Modality: How People Learn Best

Don't miss this special presentation by Dawn Henry, Director of the School of Education; Assistant Professor of Special Education as she shares with us how the brain actually works and how people learn best.

21SHOB15 TBD
Cost: \$20 non-members / \$15 members

U.S. Constitution...The beginning

This class will begin a new series with a focus on the U.S. Constitution. Join Randy Hoffman and Sara Sherick as they discuss how the Constitution was set up and why, some of the principles in the preamble and an overview of the first three articles of the Constitution. We will continue the series next fall when we dive into the specific amendments of the Constitution!

21SEL24 Wed. Mar. 17 - 24 2:00 p.m. - 4:00 p.m.
Cost: \$20 non-members / \$15 members

Instructor: Randy Hoffman and Sara Sherick

Tree ID Walk

Join us for a Tree ID class at Old Woman Creek this spring! We will take a tour around Old Woman Creek to identify trees based on their leaves, flowers and fruit. You will learn about tree history and many fun facts. If COVID guidelines allow, an educator from Old Woman Creek will discuss ongoing research and education occurring at one of Ohio's best remaining examples of a natural estuary. Students will meet at the main entrance of Old Woman Creek State Nature Preserve at 2514 Cleveland Road East, Huron, Ohio.

21SHOB06 Fri. May 14 2:00 p.m. - 4:00 p.m.
(Rain Date: Friday, May 21)
Cost: \$15 non-members / \$10 members

Instructor: Zachary Rinkes, Adjunct Faculty at Terra State

The Age of Cryptocurrency: Bitcoin and Digital Money

Demystify cryptocurrency – its origins, function and what you need to know to navigate a cyber economy. The digital currency world will look very different from the paper currency world.

21SHOB12 Wed. Apr. 7 10:00 a.m. - 12:00 p.m.
Cost: \$15 non-members / \$10 members

Instructor: Carolyn Hollingsworth



The Kern Center at Terra State Community College offers a wide variety of in-person, as well as, online training opportunities for professional development, certifications, and career training. For more information, please contact the Kern Center at kern@terra.edu or visit our website at terra.edu/kern.

American Heart Association: CPR & BLS Certification

This course is for healthcare professionals or anyone who needs to know how to perform CPR, as well as, other lifesaving skills, in a wide variety of in-hospital and out-of-hospital settings. In the classroom, students participate in simulated clinical scenarios and learning stations while working with an American Heart Association Basic Life Support instructor to complete BLS skills practice and skills testing. Students also complete a written exam. An AHA BLS for Healthcare Providers Course Completion card is valid for two years.

21SHCT20	Fri.	Jan. 22	11:00 a.m. - 3:00 p.m.
	Cost: \$55		
21SHCT21	Fri.	Feb. 12	11:00 a.m. - 3:00 p.m.
	Cost: \$55		
21SHCT22	Fri.	Apr. 9	11:00 a.m. - 3:00 p.m.
	Cost: \$55		

Instructor: Sarah Poore, Adjunct Faculty at Terra State

American Heart Association: Heartsaver® First Aid

The Heartsaver® First Aid course trains participants first aid basics for the most common first aid emergencies, including how to recognize them, how to call for help, and how to perform lifesaving skills. This class is for anyone with limited or no medical training who needs to know how to perform CPR and First Aid, as well as, other lifesaving skills to meet a job requirement.

21SHCT23	Fri.	Mar. 12	11:00 a.m. - 3:00 p.m.
	Cost: \$55		

Instructor: Sarah Poore, Adjunct Faculty at Terra State

Motorcycle Ohio Safety Training Course

Terra State Community College in partnership with the Ohio Department of Public Safety (ODPS) is pleased to offer Motorcycle Ohio safety training. Basic Rider courses are offered April through October. The Basic Rider Course (BRC) is recommended for beginning riders. If you already ride, but have never taken a safety course, the BRC also includes many tips and practices for riders with intermediate skills regardless of how many years/miles you have ridden. Students who successfully complete the Motorcycle Ohio Basic Rider Course (BRC) will have the State of Ohio skill test waived and will receive their motorcycle endorsement or license upon presenting their BRC Course Completion card to a Deputy Registrar (Bureau of Motor Vehicles). Students must have a valid TIPIC (Temporary Instruction Permit Identification Card) or endorsement to register and attend the Basic Rider Course. Classes fill quickly, so make plans now and register early. Students must pay a non-refundable registration fee of \$50. To see a complete schedule or register for the Motorcycle Ohio training course, visit www.motorcycle.ohio.gov. If you have questions, please call **Larry Gnepper**, Terra State's MOTORCYCLE SAFETY PROGRAM COORDINATOR, 419.559.2110.

Getting Your Points Across and Being Understood

Tired of not being heard? Discover how to be heard and how to listen in this ear-opening workshop. You will learn how to get beyond the "roadblocks to effective communication" by identifying specific methods to reduce or eliminate them. The 8 techniques for improving your communication will be presented, plus some persuasive techniques to win others over to your way of thinking. We will cover ways to be better understood by others, while becoming a better listener. In this session, you will identify a personal communication challenge and develop an action plan with specific solution steps.

21SHCT24	Thu.	May 20	1:00 p.m. - 4:00 p.m.
	Cost: \$139		

Instructor: Christine Schneider-Smith

State Tested Nursing Assistant Training (STNA) – A Terra State and Vanguard Tech Center Partnership

STNA's are in high demand in our area! After completing this course, students will be prepared to take the State written and competency exam. The state exam fee of \$104 is not included in the cost of this class. Before the first day of class, students must read and sign a code of conduct contract to be officially registered. This is an 80-hour class: 60 hours are held at Vanguard Career Tech Center over a three-week period. Clinicals are held at a local healthcare facility; the 16 hours will be on one weekend, both Saturday and Sunday, from 7:30 a.m. – 3:30 p.m. A four-hour review will be held the evening before the state test. Call us at 419.559.2464, or check online at terra.edu/Kern for dates. Cost: \$599

Terra State offers a wide variety of additional professional development and career training programs, both in-person and online. The offerings are limitless! For additional information, please visit our website at terra.edu/community/kern_center.

Ohio Real Estate Licensing

In partnership with Hondros College, Terra State offers online Ohio Real Estate license courses that can be completed on your own schedule. Visit terrastatecc.fastclass.com for more information, or call us at 419.559.2464.

Forklift Training Certification

In partnership with Trainco, you can receive forklift training certification at Terra State Community College. This four hour hands-on program consists of in-class lessons, along with one-on-one interaction with the trainer covering all topics on OSHA requirements and standards for forklift operation.

After this program, you will be OSHA forklift certified, and will receive your authorized forklift driver card for successfully completing the forklift driver training program.

Classes will be offered on a regular basis. For more information, contact the Kern Center at kern@terra.edu or 419.559.2464.

CDL Training

Truck drivers are in high demand! Terra State & Trainco Truck Driving School's partnership means you can get your CDL training and earn college credits for Terra State at the same time. Each participant received 6.5 college credits for Truck Driving and Shop Truck Operations that can be used toward a degree at Terra State. For more information, contact the Kern Center at kern@terra.edu or 419.559.2464.



Retirement Planning Today® (RPT)

Are you between the ages of 50 and 70 and want to learn more about retirement planning? Let former Terra State graduate, Christopher McIntire help you sort through the endless information. This course contains something for everyone. We address financial issues that pertain to self-employed, as well as employees of corporations and government agencies. Designed to teach you how to build wealth and align your money with your values, whether you plan to retire 20 years from now, or have just recently retired. This course isn't trying to sell you a service, it is meant to inform you of your retirement options and how to accomplish your financial goals. *Cost is for you and a spouse/guest and includes one book.

21SHOB07 Tue. May 4 & 11 6:00 p.m. - 9:00 p.m.
Cost: \$49 (not eligible for any discounts)

21SHOB08 Thu. Apr. 29 & May 6 6:00 p.m. - 9:00 p.m.
Cost: \$49 (not eligible for any discounts)

Instructor: Christopher McIntire, McIntire Retirement Services

Financial Planning Workshop

Please join Ken Kreilick as he hosts a series of financial planning classes to assist you in preparing for your future. Cost includes all four sessions:

Session 1: Foundations of Investing Rules

For investing and developing a strategy, choosing quality investments, diversify portfolios, and investing for the long term and focus on what you can control.

Session 2: Retirement by Design

Ken discusses the need to define retirement goals, determine savings needed to reach those goals (using the rule of 25) and how to use the power of 3 (time/money/return) to reach those goals.

Session 3: Ready or Not? Preparing for the Unexpected

Ken shares tips on how to develop a proactive strategy for protection and preparing for the unexpected. Strategies include having an emergency fund, establishing a line of credit, and reviewing insurance/liability protection.

Session 4: Preparing your Estate Plan

Basic overview of estate planning with guest Attorney Tom Bowlus to discuss account registration, beneficiary designation, wills, trusts, tax information, life insurance and TOD.

21SHOB09 Tue. Mar. 2, 9, 23 & Apr. 6 2:00 p.m. - 3:00 p.m.
Cost: \$15

21FHOB10 Mon. Apr. 12, 26 May. 10, 24 2:00 p.m. - 3:00 p.m.
Cost: \$15

Downsizing Event – SAVE THE DATE

Have you been considering downsizing and not sure where to begin? Join us for this great workshop with vendors and keynote speakers to help you through the process including realtors, attorneys, financial, emotional, medical and more! More information to come on this great event!

21SHOB11 Sat. Apr. 10 9:00 a.m. - 12:00 p.m.

Rehabilitative Services...How do I know what I need?

Join us for this great workshop to learn about the different types of rehabilitative services, what steps are necessary, and what things may or may not be covered under insurance, Medicare, or Medicaid and the resources available in our communities. Our guest speakers will include: Kari Kramer with Americare Home Health; Richard Russell, ProMedica; Shannon Reardon, P.T. Services; and Erica Reid with Rehabilitation Hospital of Northwest Ohio.

21SELC30 Mon. May 17 10:00 a.m. - 12:00 p.m.
Cost: \$5



Facebook

This class will show you how to use Facebook to communicate with friends and family and learn about events and activities in your community. You will learn how to manage your friends list, photos and videos, adjust settings so you are seeing the kind of posts that interest you, communicate with Facebook Messenger, go live on Facebook and more. Come with your questions about Facebook. Please bring your Facebook login and password.

21SELC Tue. Apr. 27 & May 4 9:00 a.m. - 10:30 a.m.
Cost: \$20 non-members / \$15 members

Instructor: Tim Wasserman

Microsoft PowerPoint for Beginners

Have you ever wanted to know how to create a pictures slideshow on your computer to share at a family gathering or put together a presentation for a committee meeting? If you said yes, here is the class for you! You will learn how to use PowerPoint's screen and the Ribbon which contains the tools we will use in PowerPoint. You will also look at already created templates included with PowerPoint and more. If you already use Microsoft Word, this first level of PowerPoint training is another way to put that knowledge to good use. This class is primarily for those who are using PowerPoint 2013 or 2016 in Microsoft Windows 10.

21SHOB14 Tue. Apr. 20 - Apr. 27 6:00 p.m. - 8:00 p.m.
Cost: \$20 non-members / \$15 members

21SELC27 Fri. Apr. 23 - Apr. 30 10:00 a.m. - 12:00 p.m.
Cost: \$20 non-members / \$15 members

Instructor: Karen Fiske, retired IT project manager

Microsoft Windows Basics

This class is for those who need a better understanding of Windows, how to use it, and the tools Windows can provide for them on their computer. We strongly suggest taking this class before any of our other classes that focus on Microsoft applications.

21SHOB16 Tue. Feb. 23 - Mar. 9 6:00 p.m. - 8:00 p.m.
Cost: \$30 non-members / \$25 members

21SELC25 Fri. Feb. 26 - Mar. 12 10:00 a.m. - 12:00 p.m.
Cost: \$30 non-members / \$25 members

Instructor: Karen Fiske, retired IT project manager

Microsoft Excel for Beginners

Learn Microsoft Excel basics and more in a comfortable learning environment. You will become familiar with the Excel screen and the functions it contains, construct and use basic formulas, work with templates Excel includes, and more. This class is primarily for those who are using Excel 2013 or 2016 in Microsoft Windows 10.

21SHOB13 Tue. Mar. 23 - Apr. 6 6:00 p.m. - 8:00 p.m.
Cost: \$30 non-members / \$25 members

21SELC26 Fri. Mar. 26 - Apr. 9 10:00 a.m. - 12:00 p.m.
Cost: \$30 non-members / \$25 members

Instructor: Karen Fiske, retired IT project manager

Video Chats

Are you interested about learning how you can host an online video chat with your friends and family? We will cover apps and programs like Zoom and Facetime. We will explore audio and video settings and how to optimize settings for the best experience. We will look at free services and pricing plans to give you more options.

21SELC Tue. Feb. 9 9:00 a.m. - 11:00 a.m.
Cost: \$15 non-members / \$10 members

Instructor: Tim Wasserman



REGISTRATION & PAYMENT

Fill out the registration form completely, including your signature and date at the bottom. Failure to provide all requested information will delay and possibly prevent registration.

Payments: Payment is due at time of registration. You can:

- Mail us check or credit card information
- Call us with credit card information
- Stop in and pay with cash, check, or credit card

Credit Card Payment: We accept Discover, MasterCard, and Visa. Your registration will not be processed without your account number, expiration date, three-digit security code, and signature.

Make checks payable to: Terra State Community College. For expediency, please call 419.559.2255 and confirm the correct amount before sending in a check.

Please Print Clearly

First Name: _____ **Last Name:** _____

Street Address: _____

City: _____ **Zip Code:** _____

Home Phone: _____ **Work Phone:** _____ **Mobile Phone:** _____

Email: _____ **Date of Birth:** ____/____/____

Payment Method: **Cash** **Check** *(Make checks payable to: Terra State Community College)*

or Charge My: **Visa** **Mastercard** **Discover** **Receive Your Receipt By:** **Mail** **Email**

Card Number: _____ **Exp. Date** ____/____

Signature: _____ **3 Digit Security Code:** _____

CLASS CANCELLATIONS & SUBSTITUTIONS

Terra reserves the right to cancel seminars or trips due to low enrollment or other circumstances that warrant cancellation. Substitutions may be made at any time for an individual registrant. **If cancellations are made by the registrant at least five (5) working days prior to the seminar, fees are fully refundable. After that, no refunds will be made.** If Terra State Community College cancels a class or trip, you may choose to get a refund or apply your payment to another seminar. Registered students who do not attend a class and have not canceled five days or more in advance, will be responsible for the class fees.

WEATHER CANCELLATIONS

Listen to your local radio or TV stations for school closings. Cancellations apply to both credit and non-credit courses on Terra State's Fremont campus and satellite sites.

Class Number	Class Title	Cost
Life Scholars Only	Annual Life Scholars Membership fee: \$15 (Spring only)	
Life Scholars Only	Life Scholars Couple Membership fee: \$25 (Spring only)	
*1 discount per Registration		TOTAL \$



Lifelong Learning
2830 Napoleon Rd.
Fremont, OH 43420

Kids COLLEGE

Mark Your Calendars!

Next year's KidsCollege will be July 26-29, 2021

Classes will run from 8:30 a.m. - 3:15 p.m. with an optional end of the day program until 5 p.m.*

You may add your contact information to our mailing list by emailing learn@terra.edu

*Additional cost for end of day program

